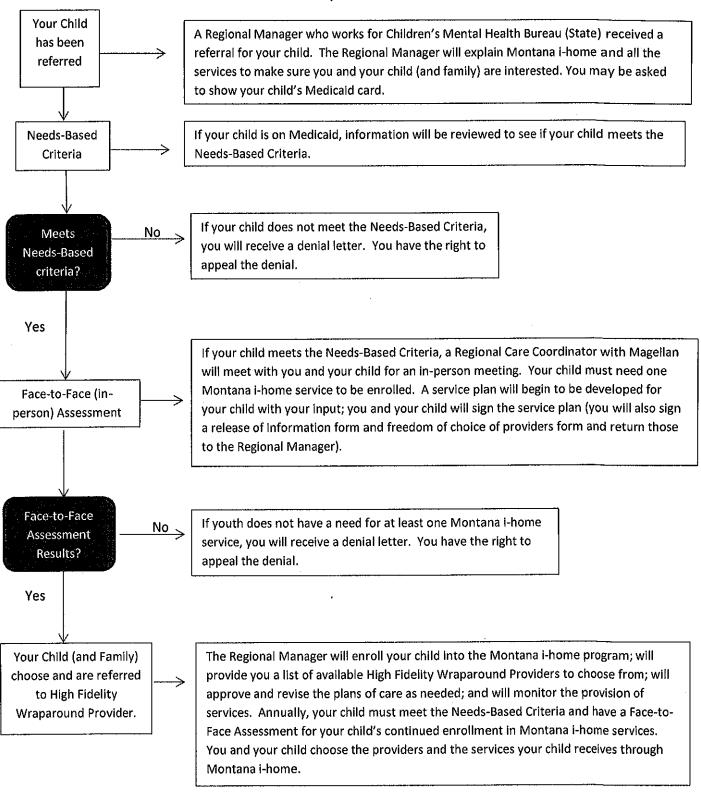
# **Montana i-home / FAMILY PROCESS**



### **NEEDS BASED CRITERIA**

(1) Resources available in the community do not meet the treatment needs of the youth;

### AS DOCUMENTED BY AT LEAST TWO OF THE FOLLOWING RISK FACTORS (a-d):

- (a) The youth has had at least one admission to a PRTF (facility) in the past 12 months.
- (b) The youth has had at least one admission to a local, community, in-patient hospital related to behavioral health needs, not physical health needs, in the past 12 months.
- (c) The youth has had at least one admission to a therapeutic group home in the past 12 months.
- (d) In lieu of 1915(i) services, the youth is at risk of placement in a PRTF per assessment of referral information.

## OR AT LEAST ONE OF THE ABOVE (a-d) AND AT LEAST ONE OF THE FOLLOWING:

- (e) The youth is receiving three or more of the following types of outpatient services in the community setting and is not making progress:
  - Outpatient therapy with or without medication management;
  - Comprehensive School and Community Treatment;
  - Day treatment OR partial hospitalization;
  - Therapeutic family care OR therapeutic foster care;
  - Respite.

And (2) The services can reasonably be expected to improve the youth's condition or prevent further regression.

## **MONTANA i-HOME SERVICES**

<u>Consultative Clinical and Therapeutic Services</u> offer access to consultation from a psychiatrist to the youth's physician or mid-level practitioner. Access may include other means besides a face-to-face office visit (e.g. telephonic; web-based; Skype; telemedicine).

<u>Supplemental Supportive Services</u> are services/goods not generally covered by Medicaid or other sources that are related to outcomes such as success in school; maintaining the youth in the home; development and maintenance of health relationships. Supplemental Supportive Services are limited to \$1000 per year of youth's enrollment and cannot be used for items such as monthly rent or mortgage, food, regular utility charges, household appliances, automobile purchases or repairs, and insurance.

<u>Education and Support Services</u> provide information about the youth's diagnosis and treatment needs to those supporting the youth and/or to the youth. The provider of Education and Support Services must use materials/curriculum approved by the Department.

<u>Family Support Specialist</u> (FSS) provides support and interventions to caregiver(s) and youth under the guidance of the In-Home Therapist. FSS helps the caregiver/youth communicate their needs and concerns; provides feedback to the In-Home Therapist about observable family dynamics; helps the family/youth implement changes discussed in the family therapy; coaches, supports and encourages new parenting techniques; and may serve as a member of a crisis intervention team.

High Fidelity Wraparound Facilitation supports the family and youth in identifying, prioritizing and achieving their goals using a phased structured planning process with a team of the family's choosing. The High Fidelity Wraparound Facilitator (HFWF) receives training and on-going coaching on specific skill sets and must demonstrate ability to deliver wraparound using this model. HFWF develops a Strengths, Needs and Cultural Discovery; completes a CANS; identifies resources and makes necessary referrals; develops and updates Functional Assessments and Crisis Plans; orients members of the family team to the High Fidelity Wraparound process and their roles on the team; schedules and facilitates family team meetings to review and update identified needs; maintains communication among all team members; and provides documentation to the Regional Managers for Service Plan revisions. Every enrolled youth receives High Fidelity Wraparound Facilitation services.

<u>In-Home Therapy</u> is provided by a licensed mental health professional and includes face-to-face individual and family therapy for youth/caregiver(s) at home or in community settings at times convenient for the youth and family. The In-Home Therapist communicates with the High Fidelity Wraparound Facilitator and other family team members, provides guidance to the family support specialist, and helps the team develop a crisis plan.

<u>Non-Medical Transportation</u> pays for transportation through common carrier (e.g. taxi or bus) or private vehicle to allow the youth access to social, recreational, and other non-medical activities. Non-Medical Transportation is only available when all other transportation options are unavailable, and must be provided by the most appropriate cost effective method.

#### Montana i-Home Services

<u>Peer to Peer Services</u> offer support to the youth's caregiver AND/OR to the enrolled youth. Peer to Peer services support the development, reconnection and strengthening of natural supports for families/youth and help them gain confidence in their abilities to manage crises and navigate systems to get their needs met.

<u>Respite</u> is a temporary service furnished on a short-term basis provided to enrolled youth due to the absence or need for relief of those persons who normally provide care to the enrolled youth.

<u>Specialized Evaluation Service</u> includes evaluations not otherwise covered such Applied Behavior Analysis (ABA); psychosexual evaluation; and pharmacogenetic evaluation. There is a cap of \$1500 per enrollment year per youth for Specialized Evaluation Services.

<u>Crisis Intervention Service</u> is a short-term (not greater than 14 days) placement in a therapeutic group home or youth shelter home when intervention and short-term placement are necessary to avoid escalation and a hospital admission. When a higher level of service is necessary, appropriate referrals will be made. Families will continue to be involved with their youth during this service and the provider will work intensively with them to help them develop tools for the youth's successful return home. Crisis Intervention Service is not the same as respite.

<u>Co-Occurring Services</u> include assessment/evaluation, education and treatment for co-occurring mental health and substance use issues for enrolled youth through an integrated approach. Co-Occurring Services will be provided by a Licensed Addiction Counselor concurrent with a Licensed Mental Health Professional working from a single treatment plan or by a dually licensed professional.